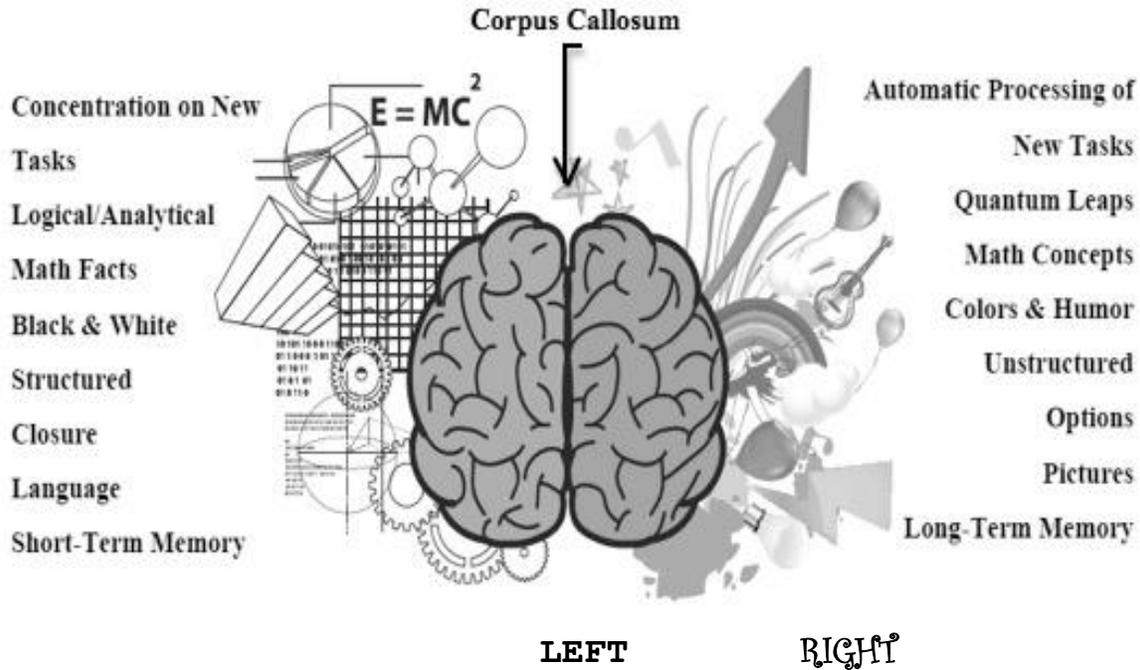


# Dianne Craft “ADHD What Now?” Handout

Email Dianne short questions at [craft@ecentral.com](mailto:craft@ecentral.com) using the subject line “ADHD What Now Summit 2022”

## Left Brain Learners VS Right Brain Learners



### *Common Characteristics of a Left Brain Learner*

- Tends to seek structure in his or her day.
- Memorizes best by repetition (auditory or writing).
- Likes to know the plan for each day, week, etc.
- Tends to work well independently.
- Likes to make lists and check them off as tasks are completed.
- Thinks things through with multiple pieces of evidence before coming to a conclusion.
- Tends to find math interesting and is very good at it.
- Likes the predictability and conciseness of workbooks.
- Can do well with self-paced and computer curriculum.

### *Common Characteristics of a Right Brain Learner*

- Likes spontaneous events, versus planned events each day. Seeks change.
- Memorizes best by using meaning, color, pictures, story, and/or emotion in material.
- Does not plan ahead regularly.
- Prefers much involvement with parent while doing school lessons.
- Does not do items sequentially but skips around in his or her work.
- Makes quantum leaps when learning. Figures things out from scanty evidence.
- Finds math quite repetitive and somewhat boring.
- Prefers projects and discussions rather than workbook learning.
- Does not do well with self-paced or computer curriculum, but rather one that requires more parent and teacher involvement, such as unit studies, or any curriculum that is more hands-on and interactive with the adult.

## How does ADHD affect learning?

- Often labeled as a “slow learner”
- Makes careless mistakes in schoolwork/overlooks details
- Easily distracted or sidetracked
- Has difficulty following instructions
- Often fails. to finish work in school
- Difficulty doing homework

*In my experience, many right brain learners are classified as students with ADHD-like characteristics. Since most curricula teach in a left-brain manner (focusing on auditory and sequential aspects as well as writing) our children who are more right brained learners often feel left out and even struggle with learning and retaining material with the same curriculum.*

## Dianne Craft’s **Three-Pronged Approach** to Help Students with ADHD-Like Characteristics

### **Brain Integration Midline Therapy**

- Just as it has been found that midline-crossing exercises increase bilaterality in all learning (which enhances the integration between the right and left brain), it has been found that stretching exercises stimulate the flow of information from the back (receptive) brain, to the front (expressive) brain.
- Midline therapy has helped thousands of children and teens overcome learning difficulties and regain confidence in their learning.

### **Right Brain “Healing” Teaching**

- Right brain teaching strategies give the child more “glue” for information to stick – using the powerful photographic memory.
- Right brain strategies can be used with any subject using any curriculum. It can’t get easier than this! We add ZANY pictures, colors and stories to data to teach to the brain as a whole, which helps students automatically store information in their long-term memory. You will become addicted to your child’s instant success!

### **Targeted Nutritional Plan**

- There is a substantial chemical piece to ADHD and learning glitches. Make huge changes in focusing, mood, attitude, meltdowns, memory, and sensory processing issues by implementing an easy, holistic nutritional plan.



*Dianne Craft has a Master’s Degree in Special Education and is a Certified Natural Health Professional. She has over 25 years’ experience teaching bright children who have to work too hard to learn. She has developed the successful “Three-Pronged Approach” to reducing and eliminating learning disabilities: Brain Integration Therapy, Right Brain Teaching Curriculum, and Targeted Nutritional Interventions. Parents across the country have seen their children overcome learning struggles using these tools. As a nutritionist, Dianne specializes in natural treatments for kids with sensory processing dysfunction and focus/attention issues. She is president of the consulting firm Child Diagnostics, Inc. in Denver and is considered the leader in Alternative Teaching Strategies by several teaching universities. [www.diannecraft.org](http://www.diannecraft.org)*